

Chipstead Sailing Club

Paddleboarding Guidelines

Memberships

1. Paddleboarding ("SUP") membership at Chipstead Sailing Club ("CSC") is available at the **Paddleboard Family member subscription rate shown on the CSC website.**
2. **Membership starts from 1st January and is valid until the end of the calendar year.**
3. **CSC Full Family Sailing members may also paddleboard** within the times below.
4. **CSC Family Junior members do not have the right to paddleboard.**
5. **Membership can be obtained online** at https://webcollect.org.uk/chipstead_sc; **information about paddleboarding at Chipstead can be found on the CSC website** and any enquiries should be sent to: paddleb@chipsteadsc.org.uk .
6. Membership of the Club is conditional upon **acceptance of the Club's rules and bylaws** which can be viewed online at <http://www.chipsteadsc.org.uk/> (refer especially to our Bylaws 2 and 5).
7. **No duties are required** for paddleboarding members; however the Club welcomes volunteers and there is an option to sign-up within the joining process.
8. Paddleboarding **operates as a separate class** at the Club.
9. **No voting rights** will be vested in SUP members.

General requirements

10. All adult paddleboarders must **wear and clearly display an up to date CSC wristband** when on Club premises and on the water.
11. All members using a paddleboard **must have suitable insurance** that meets the requirements of Club Bylaw 5; this may easily be obtained through a Paddle UK Waterways Licence.

Safety requirements

12. Overall, we want to ensure that paddleboarders can **enjoy the lake safely** along with all other water users.
13. A suitable **buoyancy aid must be worn at all times** when on the water or pontoons (see also Club Bylaws 10 and 11 regarding buoyancy aids, wetsuits and drysuits).
14. Members **must have suitable competence to paddle independently, including being able to self-recover**, and follow safety advice such as that available on the RNLI website at <https://rnli.org/safety/choose-your-activity/stand-up-paddle-boarding>. Any paddleboard users who are unsure should seek instruction from a suitably qualified instructor prior to paddling, and paddle with another user.
15. SUP users are recommended for safety reasons **not to paddle in winds of (or over) a force 5 / 17-22 knots.**
16. SUP members are required to **have a suitable leash attached to their board.**
17. SUP members are advised to **carry a phone in a suitable waterproof pouch.**

18. Paddleboarders are obliged at all times to **keep 20m clear of all sailing boats, fishing persons, weirs and culverts.**
19. New SUP members should **request a brief induction** to cover rules and regulations, a lake orientation and safety by emailing paddleb@chipsteadsc.org.uk .
20. SUP users should **kneel on boards in shallow water.** When entering / exiting the water, **remain kneeling until well away from the banks.**

Use of the lake

21. A SUP member may **paddle on the days and at the times shown in the below schedule** and at other such times as are subject to agreement with the Sailing Secretary. Any paddleboarding use outside the initially agreed programme will first be discussed by, and require the approval of, the Sailing Committee.
22. Paddleboarders must **keep clear of other lake users at times of shared occupancy** of the Lake, taking particular care to **avoid the area used by open-water swimmers, radio-controlled sailors or areas of the lake in use for training.**
23. During use by **Wealden Sailability on Tuesdays and Thursdays**, care should be taken and SUP use should take place at the eastern end of the Lake.
24. During **powerboat or RIB training**, please be aware that it will at times be necessary for boats to make **planing (high) speed manoeuvres, which will likely create wash that may knock paddleboarders off their boards.** SUP users are advised to check in with the powerboat training team before going out on the water.
25. SUP **use will not be permitted during the annual Chipmates Summer camp nor when Club Open Meetings or other racing is scheduled**, nor at such other times as the Sailing Secretary may notify to the Paddleboarding class captain. SUP access is likely to be limited to specific areas of the lake during training courses. **Dates can be found below and within the Chipstead Sailing Club programme** available at <http://www.chipsteadsc.org.uk/>

Persons under 18

26. All paddleboarder users **under 18 years of age must have a parent or guardian member present** at the Club at all times when paddleboarding is being undertaken. **The parent or guardian member is responsible for supervising their child at all times** whilst activities are being undertaken, including, but not limited to, social paddles, organised sessions or other events, and whilst on the shore or pontoons.
27. Children **under the age of 14 must have a parent or guardian member on the water with them at all times, in a maximum ratio of two children to one adult.**

Use of other Club facilities

28. As a SUP member, you are welcome **to use the Club's bar, galley, toilets, showers and join in social events** at the Club.
29. A Club key giving **access to the car parks and foreshore ramp barrier** will be available for a refundable fee. No cars are to be parked on the foreshore.

SCHEDULE OF PADDLEBOARDING TIMES 2026 (see also para. 21-25 above)		
Winter SUP times (November - March)		
		Exceptions and notes
Monday	Sunrise to dusk	(keep clear of Radio-controlled yachting 09:30-13:00)
Tuesday	Sunrise to dusk	
Wednesday	Sunrise to dusk	(keep clear of Radio-controlled yachting 09:30-13:00)
Thursday	Sunrise to dusk	
Friday	Sunrise to dusk	(keep clear of Radio-controlled yachting 09:30-13:00)
Saturday	Sunrise to dusk	<i>Sunrise to 09:00 only on 14, 21 & 28 Mar</i>
Sunday	Sunrise to 10:00	
Summer SUP times (April - October)		
		Exceptions and notes
Monday	Sunrise to dusk	See bank holiday timings below <i>Sunrise to 09:00 & 16:30 to dusk only on 27 Jul & 3 Aug</i> <i>Avoid areas in use for training on 4 May and 29 Jun</i>
Tuesday	Sunrise to dusk	Eastern end of lake only <i>Sunrise to 09:00 & 16:30 to dusk only on 26 May, 28 July & 4 Aug</i> <i>Avoid areas in use for training on 30 Jun</i>
Wed 1 Apr - 29 Apr	Sunrise to dusk	
Wed 6 May - 26 Aug	Sunrise to 18:00	<i>Sunrise to 09:00 only on 27 May, 29 Jul & 5 Aug</i> <i>Avoid areas in use for training on 1 Jul</i>
Wed 2 Sep - 31 Dec	Sunrise to dusk	
Thu 2 Apr - 30 Apr	Sunrise to dusk	Eastern end of lake only
Thu 7 May - 24 Sep	Sunrise to 09:00 & 14:00 to dusk	Eastern end of lake only <i>16:30 to dusk on 28 May; avoid areas in use for training on 2 Jul</i>
Thu 1 Oct - 31 Dec	Sunrise to dusk	Eastern end of lake only
Friday	Sunrise to dusk	<i>Eastern end of lake on 29 May; avoid training areas on 3 Jul</i>
Saturday	Sunrise to 09:00 & 16:30 to dusk	SUP allowed all day 4 Apr, avoiding social sailing (keep clear of Open Water Swimming area – map below)
Sunday	Sunrise to 09:30 & 16:30 to dusk	SUP allowed all day 5 Apr, avoiding social sailing (keep clear of Open Water Swimming area – map below)

Bank holidays timings to note (for more details, see programme on Sailing Club website)

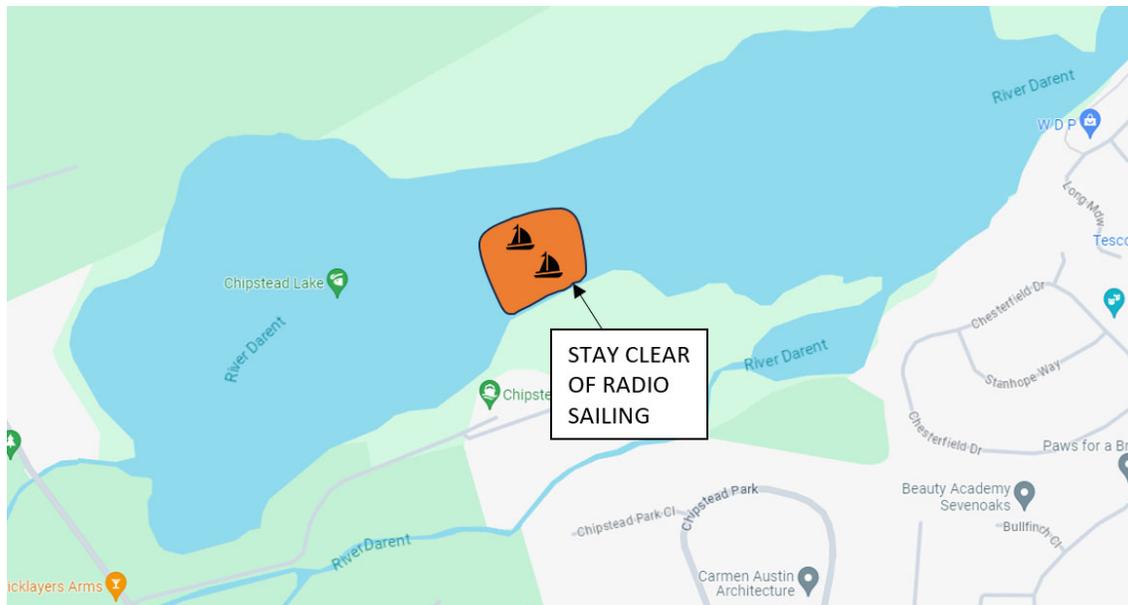
- Easter Mon 6 Apr (Club open day) - paddleboarding until 13:30
- BH Mon 4 May (Sea Cadets) - east end of lake only, avoiding areas in use by Sea Cadets
- BH Mon 25 May (Regatta) - paddleboarding at eastern end of lake only
- BH Mon 31 Aug (dragon boat racing) - paddleboarding from 17:00

Map showing area to avoid during open water swimming



N.B. Please take particular care on windy days when paddleboards may be blown towards the open water swimming area. Do not cross swimming area when swimmers are present.

Map showing area to avoid during radio-controlled (“model”) sailing



N.B. Please take particular care on windy days. Do not cross the radio-controlled sailing area when boats are present.